## SUMMER 2021 playlist



**lest** STDs are on the rise. Schedule a confidential, nonjudgmental test for HIV/STDs and Hepatitis C.



**Wrap** Condoms are a small way to give you big protection from STDs.
Get them for free at locations near you.



**Ask** PrEP is a daily pill that can keep you HIV-negative. Ask a health care provider if PrEP is right for you.



**Keep up** with health care. If you're living with HIV, consistent treatment keeps your viral load undetectable. Undetectable = Untransmittable (U = U). Learn more: iamnotarisk.org.



**Accept and agree** Consent should be clear, ongoing, and voluntary.



**Play** It may have been awhile since you got together. Be kind to yourself. It's okay to take things slow.



**Get poked** The COVID-19 vaccine is the most effective way to prevent the virus AND it's available at no cost.

Know your status — Find a free test near you



DOH 150-150 July 2021

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